

# **Reflective Packet**

Essential Understanding: People reflect upon their actions to determine if they have made good decisions.

Essential Question: Have you done your best?



# Reflective

**Simple Definition:** After finishing an activity, a reflective person asks if they did their best.

**Complex Definition:** A reflective person thinks about their actions and considers if they have done their very best after each life experience.



Name: \_\_\_\_\_

Definition of word	Opposite definition of word
Examples of word	Examples opposite of word

Word:



# Quotes on Being Reflective

The heart is the best reflective thinker.

**Wendell Phillips**

Follow effective action with quiet reflection. From the quiet reflection will come even more effective action.

**Peter Drucker**

A battle lost or won is easily described, understood, and appreciated, but the moral growth of a great nation requires reflection, as well as observation, to appreciate it.

**Frederick Douglass**

Without reflection, we go blindly on our way, creating more unintended consequences, and failing to achieve anything useful.

**Margaret J. Wheatley**

By three methods we may learn wisdom: First, by reflection, which is noblest; Second, by imitation, which is easiest; and third by experience, which is the bitterest.

**Confucius**

Life can only be understood backwards; but it must be lived forwards.

**Søren Kierkegaard**

Resources:

- [http://www.brainyquote.com/quotes/keywords/reflective.html#Buld0A0RCGfoh1eX\\_99](http://www.brainyquote.com/quotes/keywords/reflective.html#Buld0A0RCGfoh1eX_99)

- <http://www.goodreads.com/quotes/tag/reflection>









## Reflective Vignettes

Vignette #1: Rusty had just finished his Social Studies homework. He thought about how he had done. He had read carefully and taken notes. He had gone back to the text to check his answers. He was confident he had done his best.

Vignette #2: Meghan had stolen her sister Gillan's favorite stuffed donkey. Meghan had heard Gillan start crying when she noticed the donkey was missing. With a smile on her face, Meghan sat on her bed thinking how sad Gillan must be.

Vignette #3: On Monday, Bob got sent to the Principal's office for punching his classmate. On Tuesday, Steve got sent to the Principal's office for punching a different classmate. The principal called home. That night his mom asked him if he knew why he'd bent sent to the principal's office. He said, "I don't know."

Vignette #4: Michael liked Sharon. He kept trying to talk to her in class. She kept ignoring him. After two weeks of being ignored, Michael finally decided it was time to leave Sharon alone.



































## **Directions for “Reflective” Essay**

1. What does it mean to be reflective?
  - a. Use a quote, question, story, or bold statement to make the reader interested
  - b. Explain what a reflective person does
2. Which book character is a reflective?
  - a. Name reflective character
  - b. Give examples of character being reflective
  - c. How do examples show being reflective?
3. Which character from a movie or TV show is a reflective?
  - a. Name reflective character
  - b. Give examples of character being reflective
  - c. How do examples show being reflective?
4. Who is a real life reflective person?
  - a. Name reflective person
  - b. Give examples of person being reflective
  - c. How do examples show person being reflective?
5. Are you a reflective person?
  - a. State your opinion
  - b. Provide evidence for your thinking
  - c. How you your examples show you being reflective?

Please turn each question into a paragraph. Remember you can take risks and try different things with this essay. You can reorder the paragraphs. You can provide different examples types. You just need to show that you understand what a reflective person is.















